

Deer Cake Watershed News

DEER LAKE - POPLAR LAKE - PICKEREL LAKE - BATTLE LAKE FIVE ISLAND LAKE - MIRROR LAKE - AND MANY OTHERS

Volume 29 SPRING 2016



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Deer Lake Watershed Assn Officers 2015-2016:

Dennis Carlson
President
Jerry Blair
Vice President
Lois Master
Treasurer
Art Lind
Secretary
Chad Lovdahl
Board Member
Jim Kush
Board Member
Denny Carlson
Newsletter Editor

President's Corner by Dennis Carlson

Greetings to all watershed users and visitors! I hope everyone has had a healthy and satisfactory winter and spring. As many of you know, our family experienced an unexpected shock and loss of my wife, Sue, in early December, so life has been a dramatic change for me and all family members. Needless to say, all the major duties she provided and I took for granted, like cooking, baking, laundry, bookkeeping and banking (much of it by computer) has left me trying to catch up. You never know how much you count on a partner and spouse. Gratefully, family and friends have been so generous and supportive and I thank you all for that.

Our agenda for this summer looks active enough and our watershed board will be picking up the projects and activities where we left them last fall. We will try to move ahead on the cleaning and identifications of the historic Deer Lake CCC Camp and will welcome volunteers to lend a hand. Patty Olson, Loey Master, Ron and Marcia Root, Art Lind, Audrey Johnson and I can be contacted for questions or volunteering. Deer Creek water monitoring, cleanup and beaver control will be an ongoing project. I have put a copy of our "Deer Creek Monitoring and Cleanup Plan" in the newsletter. Also, continued work on funding for the old logging dam demolition and clean-up of Deer Creek east of the Big Fork River will be on the agenda. Our on-going events, i.e. highway cleanup, 4th of July Flotilla (on a Monday this year), 5K Fun Run and Annual Meeting will all continue. Look for the Calendar of Events and dates on the front page.

While visiting with David Weitzel, the new regional fisheries manager who replaced Chris Kavanaugh, Dave stated the existing 10-fish limit on bluegills would continue. There was consideration by the DNR

Fisheries Department to lower the limit to five fish instead of ten. We had a lengthy discussion last fall and he recommended that they leave the limit at 10 bluegills. I think they were correct to do so. The walleye limit will remain at six, with a 17"- 26" throwback slot. It does appear though, that there is a movement to change the slot to allow an 18" or 19" walleye as a keeper in the limit. Many of the larger lakes have moved their slots up to 18 or 19 inches already. This would be more in line with what those of you who filled out our survey indicated you felt was best for our Deer Lake chain of lakes.

I want to also make a comment regarding our Watershed Association and our Board of Directors. This is our 15th year of existence, having started the association in 2002. I have had the good fortune of being on the board all fifteen years, as has Art Lind. All other board members have had extended service. We all have a deep affection and connection to this area and its future and resources. Bottom line is several of us are in our 70's, and a couple of us are pushing 80. We have accomplished much, but we need and welcome new leadership and energy! We have many good members with good ideas and direction. I would urge you to consider running for a term on our watershed board. Our meetings and commitment is basically from April to September, with 4-6 meetings called during that time frame. You can contact me or other board members for information.

My phone number is 218-743-3060 or email hideaway@bigfork.net. Have a great summer!

Dennis Carlson

Deer Creek Monitoring and Clean-Up Plan

A few days before last year's annual meeting, the DLWA Board received a petition asking the Board to create a written plan which could be used to monitor Deer Creek for signs of nuisance beaver activity and obstructions to the water flow. In response to the petitioners, the DLWA Board created a written plan which included a directive to the petitioners to form a clean-up committee, select one member of that committee to represent them and serve as a contact person at future Creek Maintenance Board meetings, and forward the name of the representative to the DLWA Board. The following is a copy of that plan:

1. Frequency:

- a. Before May 15, the crew and Board members will go down the creek together to observe and take photos of the condition of Deer Creek as a starting point.
- b. Monitoring of Deer Creek will occur every two(2) weeks from approximately May 15 Sept.15.
- 2. <u>Duties of Petitioner's Volunteer Clean-up</u> Committee:
 - a. Remove beaver dams, debris, weeds, cattails, wild rice, and any obstructions which could

- restrict or impede the water flowage.
 *Remember, it is illegal to cut or remove wild rice except for a 6' pathway in the main channel.
- b. After each trip, the designated contact person will report problem areas to the Board. The Board will report findings, along with water gauge level, to membership via email.

3. Official lake water level gauge:

- a. The lake water level gauge located under the bridge between Pickerel and Deer Lake will serve as the official lake level reading.
- 4. <u>Payment</u>: Current amount in DLWA Beaver Savings Account: \$740.00. This amount is based upon the Board's \$300.00 donation and \$5.00 per current paid membership.
 - a. Payment per monitoring trip between Deer Lake and the Rock Arch Dam, without doing any clean-up, will be \$50 every two (2) weeks after being reported to the Board.
 - b. Permitted off-season trapper will be paid \$25.00 for each beaver trapped with evidence (tail) presented to the board.
 - c. No payment will be made during the licensed trapping season.

DLWA Loses a Vital Member, Friend and Newsletter Co-Editor Sue Carlson

(7/14/1940 - 12/5/2015)



The Deer Lake Watershed Association lost a loyal friend and dedicated volunteer when Sue Carlson passed away at home in her sleep on December 5, 2015.

Sue worked tirelessly behind the scenes on all facets of the DLWA. She was always

ready to make coffee and baked delights for board meetings; type up meeting notes and agendas; print or paint signs for watershed events; and was a vital cog in the production of the Watershed Newsletter as my co-editor for the past fourteen years. Sue's personality was always upbeat, but self-effacing--always ready to laugh at herself. She was a devoted wife, mother and grandmother who always put family first. Sue was also an admired and respected teacher at Hibbing High

School where she taught Math and Special Education for 20 years, retiring in 1995. She was smart, doing advanced and MENSA crossword puzzles for entertainment, talented and quick to laugh.

My testament to Sue is the blessing of sharing 56 wonderful years of marriage, four wonderful children and six wonderful grandchildren together. "A One of a Kind" as the old 1950's hit

song by Nat King Cole goes, she was, "Unforgettable".

(For music lovers, check out Nat & Natalie's rendition of the song on You Tube).

Dennis Carlson



DLWA Spring 2016 by Art Lind

Having been born in 1944 in Hibbing and growing up in the 40's, 50's and early 60's in a "Norman Rockwell" style family, where telephone "party lines" were the normal and television wasn't available until the mid-50's, and we listened to Fibber Magee and Molly on the radio as well as the other favorites that slip my mind at the moment. We really had it all. People actually talked to each other while looking at them. Small towns had active businesses on Main Street where you could physically shop for something you wanted. Ah, the "Baby Boomer" generation.

Now fast-forward to 2016, the small town Main Streets are all but boarded up, department stores are closing at the "Mall's", and the "Millennial's" (I don't think this word is in the dictionary yet) text to each other while sitting in the same room and the only noise is a giggle once in a while. I had to ask someone the other day who are the Millenial's? For any of you that don't know, they are the 20-30 year old adults supporting Bernie Sanders.

All you see on the TV news is "The Donald", "Hillary", "feel the Bern", and the other guy, going at

each other and the Canadians are saying it's the best reality TV show going. Canada has even offered to take in Americans not happy with the presidential possibilities.

That's a lot of negative in the above paragraph and it is now spring so I spent Saturday and part of Sunday at the cabin this past weekend (4/16 & 17). We mounted a Wood Duck house, raked leaves and needles, tried to find where the mice were getting in, and sat on the shoreline in the evening and just listened. Although noisy, the Trumpeter Swans were honking from several spots on the lake, Mallard Drakes were chasing the hens, and somewhere across the road I could hear a drumming Ruffed Grouse. I am now settled down and not thinking negative thoughts anymore. The golf courses are opening this week and thank God the ice should be gone sometime this week.

The Deer Lake Watershed Association has accomplished a lot since its beginning in 2002 and it really needs your help to keep it alive.

Art Lind

Deer Lake Charlies - Part I By Dennis Carlson

I'm sure many of you by now have read or are aware of the article in several of the newspapers, ie Duluth, Bemidji and Brainerd that gave a brief history of the origin and beginnings of Deer Lake Charlies, our local Watershed gathering place and watering hole. Gail Blackmer, the present owner of DLC, was contacted by a news staff writer from the Duluth Herald Newspaper and was interviewed for the story and did a fine job of providing an accurate account of how DLC got its start. Since my father, Myron Carlson, owned and started the business, I thought I would add a few more points of interest to the early days of Deer Lake Charlies.

The log cabin that was pulled across Deer Lake on the ice that would eventually become Deer Lake Charlies was actually part of the "Old Lodge" that still exists at Deer Acres and was attached as the separate room that was called the "Liars Den," because that's where the fishermen would gather in the evenings to tell their tall tales of fishing. Ed Kutina was the owner of the resort and Ed's plan was to pull the building across Deer Lake

and then on down to the corner of County Road 533 and Hwy #1 and place the log building on the land he owned there and start a business. He did get the building moved to the highway, but his plan never materialized because of his marital problems and other issues. During the same time, my father Myron Carlson, after spending time in the Deer Lake CCC Camp, met and married my mother, Lorraine Blackmer and built a house, dance hall and tavern on the shore of Pickerel Lake and was looking to expand his growing business. Timing was right and Myron, recognizing Ed Kutina's problems and situation, and the advantage of the location on state highway #1 and the entrance to Deer Lake, Pickerel Lake, the CCC Camps and the cabins and resorts that existed at the time, decided to make a move. It wasn't a difficult decision for Myron to make an offer to Ed Kutina to buy the building and 40 acres to start his new business.

Deer Lake Charlies... Continues on page 7

Season to Season By Helen Stensrud



Spring is here in our neck of the woods! Keep your sweatshirt handy, though...As you tackle your to-do list, remember to leave something to do tomorrow (!) and some time on most afternoons have a warm mug or cool beverage nearby and a book in your hands. Just a suggestion, you understand. Some days it won't happen. **Here is a book list**, each story taking place on or near a body of water, from which to choose some spring/summer reading. They are all good reads to one person or another, or wouldn't be on the list! No need to report back as I'm kind of busy with the to-do list, the books, etc. Feedback is okay, though.

THE VOYAGE OF THE BEAGLE by Charles Darwin, 1840. Never read it, but plan to; natural history, 5-year voyage, lasting influence on scientific study.

MOBY DICK or The Whale by Herman Melville, 1851. Whaling was not good fishing fun. Likely more compelling now when not an assigned reading for class. Movie stuff.

TWENTY THOUSAND LEAGUES UNDER THE SEA by Jules Verne, 1870. Very early sci-fi, still an enjoyable read about Captain Nemo and the submarine (in 1870!) Nautilus.

THE ADVENTURES OF HUCKLEBERRY FINN by Mark Twain, 1884. Colorful description of life on the Mississippi, now also considered a scathing satire on entrenched racism.

SAILING ALONE AROUND THE WORLD by Joshua Slocum, 1900. About his 1895 voyage, no radar, no rescuers -- good navigating, eh?

TWO YEARS BEFORE THE MAST by Richard Henry Dana, 1911. Sailing merchant ships from Boston to California and back, a personal narrative from the 1800s, good history.

THE OUTERMOST HOUSE by Henry Beston, 1928. A Year of Life on the Great Beach of Cape Cod -- a classic of American nature writing. This man paid attention.

THE VOYAGEUR by Grace Lee Nute, 1931. Oftenquoted authoritative account of fur traders during 1700s and early 1800s, not so far away from our neck of the woods.

MUTINY ON THE BOUNTY by Charles Nordhoff and James Norman Hall. Vivid historical novel, the stuff of movies, Marlon Brando et al.

CANOEING WITH THE CREE by Eric Sevareid, 1935. A 2,250 mile journey from Minneapolis to Hudson Bay by two teenage novice paddlers. Others have followed their route...

DOCTOR DOGBODY'S LEG by James Norman Hall, 1940. From the age of sail -- Doctor F. Dogbody regales a gathering around the fireplace in a British taproom with stories of how he lost his "larboard" leg ten different ways, lots of historical characters, detail and wit -- one of our favorites. (See others in the Heart of Oak Sea Classics series.)

GIFT FROM THE SEA by Anne Morrow Lindbergh, 1955. Small meditative book, seashells and life's stages/transitions, often a gift book, good for emptynesters.

THE OLD MAN AND THE SEA by Ernest Hemingway, 1952. Good Hemingway style; an old Cuban fisherman has been forty days without a catch. Can you relate?

ROUND RIVER by Aldo Leopold, 1953. Essays from early journals -- hunting, fishing and exploring in SW U.S., Canada and his Wisconsin home by a champion of conservation and land ethics whose influence is still felt. A good writer, see also his SAND COUNTY ALMANAC.

A NIGHT TO REMEMBER by Walter Lord, 1955. Minute by minute factual account, big movie. Wear your life jacket! Some say this event began a loss of faith in technology -- hmm.

THE LONELY LAND by Sigurd F. Olson, 1961. Six friends canoe the trail of the voyageurs in the Canadian Northwest. One of our favorite authors, recommend you read anything and everything by this good writer, a teacher, guide and environmentalist of Ashland, WI and later Ely, MN. His writing cabin on Burntside Lake near Ely is available for tours. (This book let us know beforehand that we would love living Up North.)

WE HOMESTEADED by James K. Knight, 1975. Great first-hand account of pioneer life along the Big Fork River. (Friend Janice Evenson is Knight's daughter. She is also a source of much local history and an excellent storyteller about our area.)

A RIVER RUNS THROUGH IT by Norman McLean, 1976. Trout rivers in western Montana, family and fishing. A movie, too -- the fishing parts are best.

LETTERS FROM SIDE LAKE by Peter M. Leschak, 1987. Born in Chisholm, author lives at Side Lake, chronicles life in the North Woods, also other good books, a unique voice.

THE MOON BY WHALE LIGHT by Diane Ackerman, 1991. Connects us to the natural world with adventures

Season to Season.... continues next page

Deer Lake Watershed Association Membership Renewal

It's time to renew your 2016 membership! Members receive a subscription to the association semi-annual newsletter, but best of all, it feels good to know that you are doing your part to support & improve our watershed. Thank you for your support!

Deer Lake Watershed Association (DLWA) Membership Form

PO Box 23 - Effie, Minnesota 56639 / DLWA dues year extends from January 1 to December 31, 2016

Please Print or Type Name:					
Complete mailing Address:					
Phone:					
Email Address:					
Dues: (please check one) Regular (\$20/year)					
We need volunteers to make our DLWA grow and grow! Would you like to be an officer or member of the Board? Yes No Or you can volunteer to be a Committee Member in a Committee of your choice.					

What's so bad about AIS?

Zebra Mussels are bad because:

They grow and reproduce quickly.

Zebra Mussels reproduce high numbers of eggs in their second season of life. A single female mussel can produce up to one million eggs a year! As the mussel population explodes, they cover the bottom and sides of almost everything.

They can change native plant and

animal communities. The amounts of food they eat and the waste they produce have life-altering effects on the ecosystem. As filter feeders, they remove large amounts of microscopic plants and animals that form the base of the food chain, reducing available food for native aquatic species. Zebra mussels attach to and encrust native mussels, essentially smothering them and removing more animals from the food chain.



They have recreational impacts. These mussels encrust docks and boats. Small mussels can get into engine cooling systems, causing overheating and damage. Zebra mussels also impact fish populations and reduce sport-fishing opportunities. Their sharp shells can cut the feet of swimmers, beach goers and dogs.

They cost us money. They clog intake pipes and trash screens, canals, aqueducts and dams--disrupting the water supply to homes, farms, factories and power plants. Zebra mussels also degrade water quality and can alter the taste and smell of drinking water. Maintenance costs for power plants and water treatment facilities increase, so does the cost of food and utilities.

continued from previous page: Season to Season By Helen Stensrud

among bats, penguins, crocodilians and whales. Look for her other books, too, all well-written.

THE HAPPY ISLES OF OCEANIA: Paddling the Pacific by Paul Theroux, 1992. A curmudgeon who tells it like it is wherever he goes, Theroux is a favorite fearless world travel writer of eight or nine non-fiction books (also many novels).

SHIPWRECKS OF LAKE SUPERIOR by James R. Marshall, Elizabeth S. M. Marshall. 1992. A second edition has maps, photos and good accounts of our "ocean" and its historical wrecks. Maybe you should put on your life jacket again.

SERIES ON LAKE SUPERIOR by Howard Sivertson, 1992-2008. Grand Marais artist depicts life along the North Shore, full-page pictures with lively description of early years to accompany each painting. Once Upon an Isle, The Illustrated Voyageur, The Old North Shore, Schooners, Skiffs and Streamships, and Driftwood. (See his paintings in galleries in Grand Marais and Duluth.)

UNDAUNTED COURAGE by Stephen E. Ambrose, 1996. Sweeping adventure follows the 1803-1806 Lewis and Clark Expedition in the hope of finding a waterway to the Pacific.

THE ENDURANCE; Shackleton's Legendary Antarctic Expedition by Caroline Alexander, 1998. Great story for every reader! A 2008 reissue is a nice edition with photos. Your life jacket will be no help in the Antarctic --sorry.

ECCENTRIC ISLANDS BY Bill Holm, 2000. Around the globe to islands real and imaginary by a teacher at Southwest State U (U of M Marshall now?) Anything he wrote is good because of his curiosity about the world and people he meets, his homespun philosophy and wit.

THE VOYAGE by Philip Caputo, 2000. Novel of adventure, courage, seafaring and family secrets, young people sent away by their father in early 1900s, still the age of sail.

DOWN THE GREAT UNKNOWN by Edward Dolnick, 2001. John Wesley Powell's 1869 Journey of Discovery and Tragedy Through the Grand Canyon -- a gripping story.

Any books by Sam Cook, terrific current outdoor writer for the Duluth News Tribune: CAMP SIGHTS, 2002, QUIET MAGIC, 2002, FRIENDSHIP FIRES, 2003, UP NORTH, 2003 and MOVING WATERS, 2007.

The best of the best to give or receive, to read and re-read -- small books, wonderfully written.

THE LAST STAND OF THE TIN CAN SOLDIERS by James D. Hornfischer, 2004. Extraordinary World War II Story of the U. S. Navy's Finest Hour -- reads like a good action novel.

MIGHTY FITZ: The Sinking of the Edmund Fitzgerald by Michael Schumacher, 2012. Relates disappearance of the ship and controversies that followed.

THE BOYS IN THE BOAT by Daniel James Brown, 2013. Bestseller about nine working-class boys who came out of the Depression in the American west and took their rowing crew to the Berlin Olympics in 1936 in search of gold. Good telling of a compelling true story.

UNBROKEN by Laura Hillenbrand, 2014. Another bestseller. US bomber crashes in the Pacific in 1943, riveting true story of survival, resilience and redemption. By the author of Seabiscuit. Also a movie.

That should do it! Are you going to save this list for winter? I don't think so...

Helen Stensrud, April, 2016



9th ANNUAL FLOTILLA Monday, July 4th, 2016

Noon start at Hideaway Bay Refreshments and awards following flotilla parade, sponsored by DLWA.

Start planning your theme!

5TH ANNUAL DLWA 5K FUN WALK RUN



SUNDAY, JULY 10, 2016

9:00 am Start Time

A community event for friends and neighbors to gather and run, walk, or crawl 3.1 miles along scenic County Road 533, from the top of the hill at mail box 66495 to the finish line at Deer Lake Charlie's.

Deadline for T-shirt is July 2, 2016
A fun way to meet your watershed neighbors!!!
Look for registration form insert in this newsletter

Mark your Calendars:



Saturday, May 7th, 9:00 AM Roadside and Deer Cr. Rock Arch Dam Cleanup Meet at Deer Lake Charlies

Saturday, June 11th. 1:00 PM Phenology Seminar and walking tour of local plant/animal Identification. John Latimer, presenter. Meet at Deer Lake Charlies

Monday, 4th of July Flotilla, Noon Start At Hideaway Bay Kush Family Hosts Root Beer Floats Afterwards

Sunday, July 10th, 5K Fun Walk/Run 9:00 AM Start Registration form insert in newsletter

Saturday, August 6th Annual meeting/Potluck 5:00PM--7:00PM Carpenter Town Hall Bill Grantges Speaker Aquatic Invasive Species

Phenology Seminar and Tour Saturday, June 11th 1:00 - 3:30 pm Deer Lake Charlies

Local, well known Phenologist, John Latimer, will present a one (1) hour powerpoint seminar, followed by an outdoors walking tour to find and identify local plants and animals in our watershed area.

Come and learn to find and name plants, animals, insects and more in our northern Minnesota region.

Sponsored by the Deer Lake Watershed Association.



The Future of the DLWA By Jim Kush

Do you believe in "assuring the natural resource sustainability and improvement of the Deer Lake Watershed?" That is the DLWA mission statement; it's what we are all about.

My wife Gloria and I are Lifetime Members; my three daughters and their husbands (along with our six grandchildren) are members as well. Whether on the DLWA Board or not, I will continue to help as long as I am physically and mentally able to do so. Although I will be 74 years old this year on July 10th, I will be firing the shotgun start at the 5th Annual DLWA 5K Fun Run Race on my birthday (a little plug for the race!)

What I'm trying to get at, is I think we are at a crossroads with our organization. An appeal needs to be made to ALL DLWA members to step in and start filling in some gaps that we are already starting to realize within our organization. We are starting to struggle to maintain the above mentioned Mission Statement. Two years ago, the average age of the road-side cleanup crew was over 70 years old; most of our Board Members are in that same category. Obviously, the DLWA will not be able to continue on in the current state forever. If you have an interest in our natural resource sustainability, we need you to take part

in that journey forward. We no longer have a website (this is another area we need help in and would greatly benefit the DLWA!), so please call a Board Member, or send your reply to: DLWA P.O. Box 5, Effie, MN 56639.

On a final note, we do have one area in particular in which we need immediate help! This past December, we all lost Sue Carlson, a wonderful woman and the wife of our current President, Denny Carlson. Sue helped our organization move forward in so many ways. She was involved in all of the activities of the Watershed! We all not only personally miss her, but the DLWA is realizing just how much she did for our organization. One of the most critical roles that Sue took on was that she gathered and edited articles for our newsletter, and organized and submitted the newsletter for publishing. Denny certainly can't be expected to also take on this task, as he already does so very much for the DLWA; he needs our help to keep this wonderful organization alive! We are in great need for someone to, at the very least, take over the duties involved with the newsletter.

Again, please step up and help if you can! The future of the Deer Lake Watershed Association depends on it!

continued from page 3 Deer Lake Charlies - Part I By Dennis Carlson

Ed took the offer and the sale was made. Shortly after the purchase was finalized, Myron at 32 years old was unexpectedly drafted into WWII and the Navy. Rather than putting a hold on starting his new business, he decided to ask his father-in-law, Charlie Blackmer and his wife, Vega, (my grandparents), if they would be interested in running the business. They were living on Deer Lake at their Hideaway Resort at the time. Since it was wartime and the resort business was slow and seasonal, they took the opportunity to get it started. However, there was still another obstacle that loomed in the future. Lawrence Blackmer, Charlie and Vega's youngest son, who had just finished his 11th grade at Bigfork High School would not be able to graduate from Bigfork because most of the 17 and 18 year olds

and their instructors were enlisted in the military so the school district decided to eliminate the 12 grade from graduating. Since Lawrence wanted to graduate, it was decided that Vega and my mother, Lorraine, would take the kids, which included Lawrence, 12th grade, Beverly, 6th grade, me (Denny), 1st grade and Lois Rae, 5 months and move to Grand Rapids for the school year so Lawrence could graduate.

This now left Charlie to take care of things at Hideaway and try to get things started until Myron returned from the service.

In Part II of the next Newsletter this coming fall, I will cover the early days of Deer Lake Charlies and all the changes that occurred between 1946 and 1950.



WHERE CAN I GET HELP?
DNR Region II Office:218-327-4455DNR Division of Waters: (alteration of the bed of public waters):218-327-4416DNR Division of Fisheries: (removal or addition of aquatic plants, fish management:218-327-4430
Itasca County: (zoning, landscape alterations or construction in shoreland within 1,000 feet of lakes or 300 feet from a river): Itasca SWCD: (wetland alterations, erosion control, shoreland restorations):
Conservation Officer Jason Hansen. 218-832-7808 T.I.P Hotline 1-800-652-9093
County Highway Engineer
Itasca Zoning Office: 218-327-2857 or MN Extension Service: 218-327-7486
MN Lakes Association: <u>218-824-5565</u> or <u>800-515-5253</u>
The Raptor Center

WEBSITES

MN Shoreland Management Guide: www.shorelandmanagement.org

MN PCA: www.pca.state.mn.us

DLWA Website: www.deerlakewatershed.org

MN DNR: www.dnr.state,mn,us

MN Lakes Association: www.mnlakesassn.org

5TH ANNUAL



REGISTRATION FORM

Name:	 					
Address:						
 Phone:			Gender:	М	F	Age:
		Adult				

(Shirt guaranteed only if registered prior to July 2, 2016)

Start location:

3.2 miles north of Hwy. #1 (Deer Lake Charlie's) on Co. Rd. 533.

by mail box #66495.

Finish line: Deer Lake Charlie's.

Please mail registration forms and Entry Fee to P.O. Box 23, Effie, MN 56639

Release: I understand that running a road race is a potentially hazardous activity. I enter and participate in this event certifying that I am medically able and properly trained. I know that there may be traffic along the course route. I assume the risk of running and walking in traffic. I also assume any and all other risks associated with participating in this event including, but not limited to, falls, contact with other participants, volunteers, spectators, and traffic, the effects of weather, including wind, rain and hail, lightning. high heat and/or humidity, cold, and the condition of the course. Knowing these facts, I hereby for myself, my heirs, executors, administrators, personal representatives or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Deer Lake Watershed Association and any other organization associated with the event, including volunteers, agents, employees, assigns or anyone acting for or on behalf of any of them, from any and all claims or liability for death, personal injury, or property damage, or any kind or nature, arising out of, or in the course of, my participation in this event, whether foreseen, or unforeseen, known or unknown. I also understand and agree that this organization or event may subsequently use for publicity and/or promotional purposes my name and/or photographs of me participating in this event in print or on the Internet without obligation or liability to me. I understand that entry fees I pay are not refundable. I have read the forgoing and certify my agreement by my signature below.

Signature:	Date:
(Parent's if under 18)	